

# Have you experienced sexual assault or rape?

Sexual Assault Referral Centres (SARCs) offer practical, medical and emotional support to everyone, regardless of age or gender.

Our SARCs are based across Devon and Cornwall offering support throughout the region.

Need help?

Call our 24-hour information line on  
**0300 303 4626**

Or see the Devon and Cornwall  
SARC website for more information  
**[sarchelp.co.uk](https://sarchelp.co.uk)**

